



Sedgeberrow

Hampton – Fairfield – Thistledown Eastwick Park – Charity Crescent

THE HERALD



30p

The magazine of the Churches of Hampton, with Sedgeberrow and Hinton on the Green

February 2022 www.hamptonchurch.org.uk

CHURCH WORSHIP

The emergence of the omicron variant of the virus and its rapid growth in the population is a source of concern and as a precautionary measure the government have reintroduced some rules such as the compulsory wearing of face coverings in most indoor settings. Our Church is continuing with the best hygiene measures that we can, and services are continuing as they were at the current time.

If you feel unable to return to Church at the present time then please contact the Benefice Office for Communion Wafers.

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Church Wardens	
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Articles are submitted on the understanding that they may be edited to fit the available space.

Articles can be submitted by email to: editor@hamptonchurch.org.uk

or sent to the editor at The Parish Office, Hampton Vicarage, Pershore Road, WR11 2PQ Large Print editions of the magazine are available on request.



Letter from the Bishop of Worcester

February is often the start of Lent. Easter is late this year, so Ash Wednesday is not until 2 March, but we're already planning for this year's Lent Appeal, which will be for the Diocese of Morogoro in Tanzania.



For the past few years, during Lent we have alternated raising money for our link dioceses in Peru and Morogoro. We are hugely

grateful to parishes for their generosity and there is no doubt that the funds we're able to send make a real difference in both countries. This is particularly true at the moment, with many issues magnified due to the pandemic.

Last year we were able to raise an amazing £10,000 for Peru and the Chair of our Peru taskforce, Phil Bradford has reported that it was a vital lifeline. Half of it was spent on clergy stipends, a quarter on social action programmes (including soup kitchens in some of the shanty towns), 15% on providing training and resources, 5% on church security and 5% on communication. Our gift allowed the Diocese of Peru to continue functioning in a time of great adversity. heartfelt message of thanks:

"Thank you for hearing our cries, as in the gospel of Mark (10:46-52) where Bartimaeus the son of Timaeus was crying out for mercy and Jesus heard his cry. You heard our cry through the Lord and your diocese had compassion. Thank you for helping us to raise ourselves up, thank you for helping us to see that, in the most tragic moments of life, the Lord through the Anglican family in Worcester gives us the light of hope."

This year's appeal for Morogoro will be equally important to our partners in Tanzania. Covid-19 has hit dreadfully hard there and, in addition, drought and flood have devastated harvests. The situation for very many people is critical. Despite all this, Christian hope is alive and well: in recent months, Bishop Godfrey has created a number of new parishes and the diocese is looking to become selfsupporting with the development of an education and conference centre. There will be more information on this year's Lent appeal available soon on the diocesan website. Please give as generously as you can as well as continuing to pray for all those in Peru and Morogoro. As you do so, give thanks for the many blessing we enjoy here.

Bishop John

Bishop Jorge himself wrote with a

In our Thoughts and Prayers

'The Lord is my light and my salvation; of whom then shall I be afraid? Ps 27 v 1 $\,$

As the days lengthen and we look forward to the coming of spring, let us pray that the light of Christ will shine in our hearts and dispel any feelings of gloom or despair.

We remember those still struggling with the effects

of the Covid pandemic. As restrictions are eased we pray that people will act sensibly and that cases will reduce in number and severity.

We pray for those living with poverty and disease, and for aid agencies throughout the world that they may have the resources to combat the problems they encounter.

As we remember the Presentation in the Temple on the Feast of Candlemas (Feb. 2nd), when the aged Simeon and Anna welcomed the infant Christ, let us pray for our children and young people. May they grow up in the knowledge and love of the Lord Jesus. We especially pray for those recently baptised.

Let the flame of your love never be quenched in our hearts, O Lord. Waking or sleeping, living or dying, let us delight in your presence. Let the flame of your love brighten our souls and illumine our path, and let the majesty of your glory be our joy, our life and our strength now and for ever. Amen

Johann Arndt, 1555-1621

The Accession of Elizabeth 11

70 years ago, on 6 Feb 1952 Princess Elizabeth ascended the throne following the death of her father, King George VI. Elizabeth was staying in Kenya with her husband Prince Phillip when she heard of the death of her father. Without delay, she returned home where she was proclaimed, 'Queen Elizabeth II' aged just 25. Elizabeth's succession to the throne was proclaimed at an Accession Council. This took place in St James's Palace and was attended by members of the Privy Council, the Lord Mayor and Aldermen of the City of London.

I, ELIZABETH do solemnly and sincerely in the presence of God profess, testify, and declare that I am a faithful Protestant, and that I will, according to the true intent of the enactments which secure the Protestant succession to the Throne, uphold and maintain the said enactments to the best of my powers according to law.

Lindekk

Elizabeth II attended her first State Opening of Parliament on 4 November 1952 where she read and signed the Accession Declaration. She then made her first Queen's Speech to Parliament.



Reflected Faith Series - Candlemas

There are three reasons for this festival, which is held each year on the second of February.

Firstly, it's the halfway point between the shortest day and the Spring Equinox, so from that date on the daylight hours get longer.

In pre-Christian times, this day was known as the 'Feast of Lights' and celebrated the increase strength of the life-giving sun as Winter gave way to Spring.



Secondly, it's when we remember Mary and Joseph taking their baby Jesus, to the Temple forty days after His birth.

And the third reason? It's directly linked to the name of the feast – Candlemas. It was so named because on that day each year all the candles for the coming year were brought into the church to be blessed at a 'mass'. Remember that candles were important in those days, not only because there were no electric lights; people thought they gave protection against plague and illness and famine.

In many churches on this feast there will be a procession of the whole congregation with lighted candles – often inside the whole building, going into every 'dark' corner. Everyone carries their own lighted candle, which they are encouraged to take home and light there also.

One of the prayers that may be used is this:

Blessed are you, Lord our God, King of the universe.

You make our darkness to be light.

For with You is the well of life

and in Your light shall we see light.

Christ is often called the 'Light of the World' who came to bring light, hope, and peace into our darkness. Have a think about those places that are dark for you and perhaps you do not like going there or will not go there. Perhaps they are too painful or scary.

Just pause for a short time with a lit candle and imagine Jesus going there for you or with you. Lighting your way. Making it safe. He came to give us life – and life to the full – even in those dark places.

Thinking of others: Fairtrade Fortnight 2022 (21 February – 6 March)

For two weeks each year at the end of February and start of March, thousands of individuals, companies and groups across the UK come together to share the stories of the people who grow our food and

drinks, mine our gold and who grow the cotton in our clothes; people who are often exploited and underpaid.

In 2022, Fairtrade Fortnight runs from Monday 21 February until Sunday 6 March and is even more crucial this year as the global economy recovers from Covid-19.

Since last year, the G7 and COP26 have both taken place. Over 33,000 campaigners joined 1.8m Fairtrade farmers and workers in backing the Be Fair with Your Climate Promise challenge to world leaders at the UN COP26 summit. But frustration came as the wealthiest nations failed to recognise the urgent need to invest in farmer expertise by delaying their promised \$100bn annual funding to the most climate vulnerable countries until 2023.

Fairtrade works with farming co-operatives, businesses, and governments to make trade fair so that producers earn secure and sustainable livelihoods. (Learn to do right; seek justice. Defend the oppressed Isaiah 1:17 and, Love your neighbour as yourself Matthew 22:39).

The climate crisis is the biggest threat to the livelihoods of millions of small-scale farmers and agricultural workers in low-income countries worldwide. Without a fairer income, farmers and workers are unable to invest in the types of mitigation and adaptation techniques needed to protect the environment, and their businesses. This represents a vicious cycle of poverty in which steps towards environmental protection and decarbonisation are likely to be beyond the reach for those who aren't even able to earn a living income because the price they receive for their produce is far too low.

When thinking of Fairtrade, most people think of bananas, chocolate or tea and coffee, but there are many other Fairtrade products, including gold, wine, clothes, beauty products and flowers. There are over 70,000 people growing, harvesting, packing, and caring for Fairtrade flowers which are traceable to the original farm. Fairtrade certified farms must ensure safety and working conditions for their employees. These farms receive a Fairtrade Premium of 10% for every item sold, which allows workers to invest in healthcare, education and other social benefits. Fairtrade works with flower workers in countries including Kenya, Ethiopia, Sri Lanka, Ecuador, Uganda and Tanzania. Fairtrade flowers are available from Aldi, Asda, Co-op, Lidl, M & S and Moonpig, which may be worth bearing in mind with the approach of Valentine's Day and Mothering Sunday on 14 March.

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Investment in Fossil Fuels

It has announced that along with many other dioceses and religious institutions, our diocese is divesting from fossil fuel extraction.

Bishop Martin Gorick, the Bishop of Dudley, said:



"This January brings us one more year closer to 2030, when we have resolved to do all we can across the Church of England to reach a net zero carbon position. We are facing a climate emergency and it's up to all of us, as churches and as individuals, to do what we can to protect this planet for future generations. The task is huge, but every gram of carbon we save will make a difference. As well as how we heat our homes and churches, how we travel and live, this stewardship responsibility extends to where we invest our money."

This divestment commitment comes after its investment managers, CCLA Investment Management, whose CBF funds manage investments on behalf of many Church of England dioceses and local churches, sold its last remaining shares in fossil fuel extraction companies and pledged to support other users of fossil fuels to transition to a low carbon economy.



EVESHAM TALKING NEWSPAPER FOR THE VISUALLY IMPAIRED



Are you or do you have a family member who is blind, visually impaired, or for whom an incapacity makes reading a strain. **Evesham Talking Newspaper** can provide digital audio recordings to help you stay in touch with local issues. For more information, contact Fran Webb on 07801 983112.

For all those who are sick, in special need or house- bound:

Ron Allen; Mark Bartlett; Victoria Brabin; Brenda Clarke; Ray Edwards; Sylvia Emson; Ella Hardman; Carolyn Jenkins; Pat Kearsey; Clifford Lewis; John Lofthouse; Susan Sobey and Karen Thorn.

For those who have died, and all who mourn them:

Doris Cotton, Ammyjoe Smith, Angus McDonald, Stewart Rutherford, Cedric King and Tony Hacklett.

World Day of Prayer - Fríday 4 March 2022

This year it is presented by the Christian women of England, Wales and Northern Ireland.

There is a service at St. Andrew's Church, Hampton at 2.30pm.

All welcome

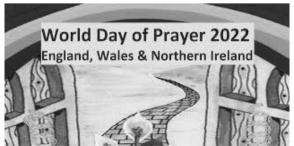
2022 is a special year for World Day of Prayer in England, Wales and Northern Ireland. This year, we have prepared the World Day of Prayer service. It has been both challenging and rewarding to write about the three countries that make up our area: our landscape, people and culture all shaped by our history. We celebrate our diversity and the contribution made to our countries by the many groups and individuals who have made their home here. We use our Bible text "*I know the plans I have for you*" from Jeremiah to reflect on some of the issues facing us today: poverty, domestic abuse and disability, finding hope in difficult situations and encouragement in the help we can give to each other.

World Day of Prayer is an international ecumenical organisation which enables women all over the world to share the ideas and concerns of the writing country. Preparation for the day has taken several years. Our International Committee based in New York coordinates the work of National Committees and facilitates the creation of our annual World Day of Prayer service on the first Friday in March. The service outline, created by the writing country, is distributed to the rest of the world, along with a Bible reflection, country background and children's and - for the first time - young people's activities.

All this work will come to fruition on **Friday 4 March 2022** when services will take place, beginning in Samoa and moving on through New Zealand and Australia, across Asia, Africa and Europe, and finally the United States and South America before finishing in American Samoa. Across England, Wales and Northern Ireland services will take place in large urban centres, such as Central Hall Westminster, as well as in remote village churches. We will use modern technology to reach those unable to attend a service, but hope to be able to extend a welcome and hospitality once released from lockdown.

For further information and resources, together with details of services in your area, see the WDP website: wwdp.org.uk

WORLD DAY OF PRAYER (A WOMEN LED, GLOBAL, ECUMENICAL MOVEMENT)







Spring Lunchtime Recital Series 27 JAN - 17 FEB 2022 12:15 PM - 1:00 PM

We are pleased to invite you to join us for the first portion of our popular Spring Lunchtime Recital Series, beginning at the end of January and running every Thursday for four weeks.

Recitals take place at 12.15pm and last for roughly 40 minutes.

The performers in February are as follows:

Thursday 3 February: The Choral Scholars of Worcester Cathedral

Thursday 10 February: Vanessa Gunter (flute)

Thursday 17 February: Ensembles from the King's School, Worcester

Admission is free, with donations welcomed at a retiring collection.

All are welcome, and we look forward to seeing you there.





'Canal People' with Tony Conder – 24 March 2022

Join us in the delightful setting of Holland House, Cropthorne, for a Friendly Lunch, followed by a talk, **'Canal People'** with Festival favourite, **Tony Conder** This talk highlights the variety of work on the canals, the role of women and marriage, and looks at all aspects of living on the working waterways. Tony was the museum curator for British Waterways and the Waterway Trust for 25 years at Stoke Bruerne, the Canal Museum, and later The National Waterways Museum. He is a very engaging speaker and his talks are always well illustrated and full of interest.

The two course lunch is served promptly at 1.00pm, but arrive early to buy a drink and enjoy the surroundings. The talk will commence about 2pm.

Tickets: £20, including lunch, available only from Holland House (online – www.hollandhouse.org; enquiries@hollandhouse.org, or tel: 01386 860330)

From the Hinton and Sedgeberrow ALM

It's no secret I want to reduce my plastic consumption more, recycle more, be less wasteful and try and look after this beautiful world and creatures. So, I've taken on a series of tests designed to change my habits and outlooks on things.

The first one, the biggest is called the Pantry Challenge

For January, the main rule is that you cannot go shopping unless you have an exemption list. The second rule is no takeaways. The third rule is no meals out unless you have a gift voucher which is a very US thing. I might make another exemption - yellow stickered items, as I hate food waste, but it's possibly the yellow stickers that has got us into this mess!

No food shopping. Plan ahead, cook from scratch, use what is already in. Be strict and use everything you have and don't moan about it. I if you aren't going to use it in this month, then give it to a food bank, and for goodness sake, don't ever buy it again!

The second challenge is January becomes the no spend month

Exemption to this no-spend rule is birthday gifts. No quick Amazon / ebay / middle aisle shopping. Keep a list, review it in February.

The third challenge is called the series of ones

So, once a month (or week if you are totally mad) for one hour (yes, set a timer), you have to pick one place e.g. a drawer, a box, a wardrobe, a room etc and you fill **one bag** with rubbish; you fill **one box** with donatables and you find **one outfit** to get rid of. *Extract from viewfromthisdesk.wordpress.com*.

Michelle Young ALM for Hinton and Sedgeberrow

St Mary the Virgin, Sedgeberrow

The next coffee morning will be on Thursday 24 February.

The Reception Class from Sedgeberrow School came down to Church as part of their curriculum. The Crib Service was a little different from other years, as everyone stayed in their seats while Revd. Binney read the story and Michelle placed the figures in the Crib.



Funeral: Anthony Hacklett (Tony) 28 January Sedgeberrow

MORE NEWS FROM HINTON ON THE GREEN

As we look ahead to the rest of 2022, let's spare a thought for families who have lost a dear one during the course of 2020/2021 and are mourning. To them we offer sympathy and understanding - may 2022 bring healing and hope.

Labradors only moult twice a year – but for 6 months at a time unfortunately! However the birds can come in for some of the warm fur shed by Labradors or any other dogs. At this time of year the birds are starting to prospect for nest sites and will soon be building. If you can place dog or horsehair from grooming in a container in your garden it will be eagerly seized upon by our feathered friends. Some years ago I purchased a very superior hanging container in shiny blue china but any box which has holes to enable the nest material to be removed but not to blow away will be just as useful.

We're certainly looking forward to some warmer weather here in Hinton. At our last service the church was icy cold, and we decided that having only one service a month means it gets even colder than previously. In the past the church must have had a boiler and the ugly chimney from this remains. The current electric heating below the pews could be quite effective despite its age except that, in common with many another church, it is expensive to run. There's no insulation and the door and windows are draughty. We often find that it's warmer when we go outside at the end of the service. What did folk do in the past to keep warm in church? Warm clothing and muffs would have helped, but they presumably had some form of heating and I wonder what it was. I love those huge old radiators which you sometimes see in cathedrals – they are vast black circular objects with flanges all the way round and nice and warm if you're close by.

Pleased to tell you that the very successful choir in Hinton is carrying on into 2022. They sang at our Christmas Fayre, and we are hoping to hear more from them in future. Our bell ringers are also doing well. Look at the village Facebook page HOTGAS for more info about these activities.

Sudoku Solutions (from p17)

Easy Sudoku

1	6	3	5	8	4	7	2	9
8	7	5	2	9	3	6	4	1
9	4	2	6	1	7	5	8	3
5	1	6	9	3	2	8	7	4
2	3	4	8	7	6	1	9	5
7	8	9	1	4	5	2	3	6
6	5	7	3	2	9	4	1	8
3	2	8	4	5	1	9	6	7
4	9	1	7	6	8	3	5	2

Medium Sudoku

4	8	5	6	2	7	3	9	1
9	1	6	8	3	4	2	7	5
7	2	3	9	1	5	8	4	6
2	5	9	4	8	6	7	1	3
8	3	4	1	7	2	5	6	9
1	6	7	3	5	9	4	2	8
6	9	2	5	4	8	1	3	7
5	4	1	7	6	3	9	8	2
3	7	8	2	9	1	6	5	4

ST. ANDREW'S CHURCH THE TWO C'S MONTHLY TEAS

Conversation & Company

For those who are lonely or bereaved. Please come & join us for - **Traditional Afternoon Tea** Last Sunday of the month -Next one - 27 February 2022 **from 2.30 - 4.30** For Further information: Elaine Major 01386 446381 or 01386 40722

ST ANDREW'S TOTS

HAMPTON GUIDE & SCOUT HALL

Every Tuesday starting at 9.30am

Term time only for children up to five years.

Parents, grandparents and carers all are welcome. For further information: Margaret Thomson 01386 47541

From the Registers – December 2021

Funerals							
9 December	Pamela Eustace	Vale Crematorium					
22 December	Graham Ballard (Burial of Ashes)	Bretforton					

The Queen's Platinum Jubilee

Looking ahead to the Queen's Platinum Jubilee, do you have any special memories regarding the Queen or members of the Royal Family, that you would like to share with readers of this magazine?

For example:

- A meeting with, or seeing the Queen or other members of the Royal Family (especially at local events)
- The death of King George VI
- The Coronation of Queen Elizabeth
- Celebrating previous Royal Jubilees
- Locally taken photographs of the Queen/Royal Family members, or of previous Jubilee/Coronation celebrations.

If you have anything that you are willing to share, please let me know by email at: <u>editor@hamptonchurch.org.uk</u> or it can be sent to the editor at The Parish Office, Hampton Vicarage, Pershore Road, WR11 2PQ

Beware bird flu this winter

If you are feeding the birds, please make sure that you keep their feeders very clean this winter.

The UK is facing its worst ever outbreak of **avian flu**, and already there have been more than 40 cases around the country. The disease is thought to have

been spread by migratory wild birds from Russia and Eastern Europe.

The Royal Society for the Protection of Birds said: "Everyone should take care to maintain good hygiene when feeding garden birds, regularly cleaning feeders outside with mild disinfectant, removing old bird food, spacing out feeders as much as possible and washing your hands."

Humans can catch the disease by touching infected birds or their droppings. So, the advice is to **NOT** approach any dead or dying birds, and to wash your hands every time you touch anything to do with your bird table.

Fortunately, avian flu mainly affects larger species than our much-loved garden birds.

Christine Middlemiss, Britain's chief vet, recently told the BBC that the disease was at a 'phenomenal level' in the UK, which in turn has 'huge human, animal and trade implications'. And meanwhile, the migratory period for birds does not end until March.





St Andrew's Fellowship – February 2022

Another New year - and what will it bring, we all wonder! I have to say that I am alarmed at the current rate of increase of the Omicron variant. People are saying that it has a lesser rate of actual illness and of hospitalisation, but only a brief look at the actual figures shows that, at the moment, at least, the increases in both are staggering.

I accept that it is really difficult for those of us who are not actually involved in the NHS or in compiling the figures, to know exactly what the truth of the situation is, but as I have commented before, this is a scenario where we could be playing with the welfare, if not the lives, of our members.

We have a committee meeting coming up towards the end of the month, and things will have moved on by then – we should have passed the peak brought about by the Christmas exposures, and we should have a better idea of the path this particular variant is going to follow.

In the meantime, I think we can no better than to pray actively for deliverance, and I suggest using the prayer distributed by the Church of England earlier on in the pandemic and which I reproduce here in case you have lost it.

Keep us, good Lord, under the shadow of your mercy. Sustain and support the anxious, be with those who care for the sick, and lift up all who are brought low; that we may find comfort knowing that nothing can separate us from your love in Christ Jesus, our Lord, Amen.

I really hope to be able to produce a more positive report for the March magazine. But in the meantime, Shirley and I wish you all a happy and healthy New Year!

Famous quotes from Desmond Tutu

The recent death of Archbishop Desmond Tutu was mourned around the world. Here are some of his more famous quotes, which show why he was so especially honoured for his justice and reconciliation work in South Africa.

"Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world."

"Don't raise your voice, improve your argument. Good sense does not always lie with the loudest shouters, nor can we say that a large, unruly crowd is always the best arbiter of what is right."

"Forgiving is not forgetting; it's actually remembering - remembering and not using your right to hit back. It's a second chance for a new beginning. And the remembering part is particularly important. Especially if you don't want to repeat what happened."

St Andrew's CE First School Successful Learners; Success for Lífe



The Spring Term began extremely well with everyone returning to school refreshed after their Christmas break. We have lots of interesting work and events planned as usual and will be embarking on lots of exciting topic work, enabling the children to learn through our rich and broad curriculum.

Year 1 returned in their warm, snuggly clothes for their new topic – Poles Apart. They were prepared for all weathers and the winter season and were equipped for their expedition across the globe...First stop, an adventure around the school grounds to see what they could see. They noticed human and physical features in the environment, the weather, the season and they discussed how it made them feel. Finally, they reached 'Antarctica' where they watched David Attenborough's 'One World: Seven Continents' to observe the environment, animals and weather in the South Pole. They then drew what they had observed in sunglasses and discussed the similarities and differences...WOW, what an adventure!

Year 3 started the term dressed as Egyptians to celebrate the start of their new topic - First Civilisations. They looked at construction timelines in the classroom, and outside. They then compared when different periods of history were, and how long they lasted for, including the Mesolithic, Neolithic, ancient Egyptian, Sumerian, Indus Valley, Shang Dynasty and the Romans. And in PE they literally 'walked like Egyptians' by constructing their own Egyptian dances!

Our extra-curricular clubs, which are an essential part of school life because they enrich children's experiences beyond the curriculum and develop social skills, are well underway. The clubs we are offering this half-term are, 'Try Something Different' Sports, Karate, Multi-Sports, Fitness Club and Art Club, all of which, are very well attended.

Andrea Bailey – Headteacher <u>www.st-andrews.worcs.sch.uk</u> Email: <u>office@st-andrews.worcs.sch.uk</u> Tel: 01386 41351

On this day in February

175 years ago, on 11 Feb 1847 that Thomas Edison, American inventor and businessman was born. Best known for inventing the first practical incandescent light bulb, phonograph, movie camera and projector, and many more.

75 years ago, on 7 Feb 1947 that the first of the Dead Sea Scrolls were found in caves in Khirbat Qumran (now in the West Bank, Palestine).

65 years ago, on 16 Feb 1957 that the Toddlers' Truce was abolished in Britain. During the Truce, television admissions closed down for an hour so that young children could be put to bed. Children's programming ended at 6pm and adult programming began at 7pm.

RECIPE OF THE MONTH Orange and Apricot Tea Loaf INGREDIENTS

175 g (6oz) butter, softened, plus extra to grease

175 g (6oz) light soft brown sugar

3 large eggs, lightly beaten

200 g (7oz) plain flour

1 tsp baking powder

100 g (3½oz) each mixed peel and finely chopped apricots

50 g (2oz) walnuts, chopped

Pared zest of 1 large orange to glaze

2 tbsp marmalade

1 tbsp runny honey

METHOD

Oven 170C/Fan 150C/Gas 3

 Lightly grease and line a 900g (2lb) loaf tin with baking parchment. February



- 2. Put butter and sugar into a bowl and beat together with a handheld electric whisk until pale and fluffy.
- 3. Gradually beat in eggs.
- 4. Sift over flour and baking powder, then fold mixture together with a large metal spoon.
- 5. Fold in the dried fruit, walnuts and half the orange zest until combined.
- 6. Spoon mixture into the prepared tin and bake for 1hr to 1hr 10min, or until a skewer inserted into the centre comes out clean (cover with foil if it's browning too quickly).
- 7. Leave cake to cool for 5min in the tin, then remove and cool completely on a wire rack.
- 8. Peel off parchment and put cake on a serving plate.
- 9. To glaze, put marmalade and honey in a small pan and heat gently until runny. Drizzle over cooled cake and sprinkle over the remaining orange zest.
- 10. Serve cake in slices, spread with butter, if liked.

	Sudoku – Easy								
		3		8			2		
8	7		2	9	3				
	4	2	6			5			
5	1			3			7	4	
2	3						9	5	
7	8			4			3	6	
		7			9	4	1		
			4	5	1		6	7	
	9			6		3			

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Sudoku - Medium

		5			7	3 2		
	1					2		
7				1	5			6
	5	9			6			
			3			4	2	
6			5	4				7
		1					8	
		8	2			6		

Solutions on page 11



SERVICES FOR FEBRUARY 2022

Wednesday	2 10am	Holy Communion	Hampton
	6 Februa	ry – Fourth Sunday before Lent	
	8am	Holy Communion	Hampton
	10am	Morning Praise	Hampton
	10am	Holy Communion	Sedgeberrow
ls	aiah 6: 1-8 [9-1	.3]; 1 Corinthians 15: 1-11; Luke 5: 1-11	
Wednesday	9 10am	Holy Communion	Hampton
	13 Februa	rry – Third Sunday before Lent	·
	8am	Holy Communion	Hampton
	10am	Parish Eucharist	Hampton
	10am	Morning Worship	Sedgeberrow
	11am	Morning Praise	Hinton
	3pm	Baptism	Hampton
Je	remiah 17: 5-10	; 1 Corinthians 15: 12-20; Luke 6: 17-26	·
Wednesday 1	.6 10am	Holy Communion	Hampton
	20 Februa	ry – Second Sunday before Lent	
	8am	Holy Communion	Hampton
	10am	Morning Praise	Hampton
	10am	Holy Communion	Sedgeberrow
	Genesis 2: 4b-	9, 15-25; Revelation 4.;Luke 8: 22-25	
Wednesday 2	.3 10am	Holy Communion	Hampton
	27 Febru	ary – Sunday next before Lent	
	8am	Holy Communion	Hampton
	10am	Parish Eucharist	Hampton
	10am	Morning Praise	Sedgeberrow
Exodu	s 34: 29-end: 2	Corinthians 3: 12-42; Luke 9: 28-36 [37-43a	al

SERVICES FOR MARCH 2022

Ash Wednesday 2	10am	Holy Communion	Hampton	
Friday 4	2.30pm	Service for World Day of Prayer	Hampton	
	6 Ma	rch – First Sunday of Lent		
	8am	Holy Communion	Hampton	
	10am	Morning Praise	Hampton	
	10am	Holy Communion	Sedgeberrow	
	3pm	Baptism	Hampton	
Deute	eronomy26:	1-11; Romans 10: 8b-13; Luke 4: 1-13		
Wednesday 9	10am	Holy Communion	Hampton	
	13 Mar	rch – Second Sunday of Lent	·	
	8am	Holy Communion	Hampton	
	10am	Parish Eucharist	Hampton	
	10am	Morning Praise	Sedgeberrow	
	11am	Morning Praise	Hinton	
	3pm	Baptism	Hampton	
Genesis	1: 1-12, 17-1	8; Philippians 3: 17-4: 1; Luke 13: 31-er	nd	

Merstow Green Funeral Home

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Kevin Bowen

Carol Phillips DipFD

Philip Tomlins DipFD

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